

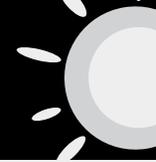
Issue: 3.4 Social Isolation

Objective(s):

- To reduce the social isolation experienced by individuals in the community

| Strategy | Lead Agency and Key Partners | Timeframe | Performance Indicators/ Desired Outcomes |
|--------------|---|--|---|
| <p>3.4.1</p> | <p>Increase the level of activity in the City to address social isolation and social connectedness through the following: -</p> <ul style="list-style-type: none"> • conduct local research to examine the context of social isolation and highlight the impacts on the community and health agencies • provide a process that brings together isolated individuals in a social setting • develop safe community meeting places across the community • investigate funding opportunities to employ a community liaison officer to facilitate the identification and integration of isolated persons and the agencies that are funded to assist • develop a city based awareness campaign to engage socially isolated individuals using media facilities • develop a street welcoming program that is facilitated by a community committee to welcome and engage new residents • work with health agencies to enhance levels of knowledge and skills in servicing all aspects of social isolation • involve the community in a health enhancing competition to develop a slogan to promote discussion about social isolation • development of new residents kit | <ul style="list-style-type: none"> • Townsville City Council • Community and Cultural Services • James Cook University • Townsville Division of General Practice • Women’s Centre • Townsville Multicultural Support Group • TAIHS <p><u>Stakeholders</u></p> <ul style="list-style-type: none"> • Department of Defence | <p>Short</p> <ul style="list-style-type: none"> • Increase in events with greater attendance • Number of meeting places developed by Council • Community usage of community garden • Greater use of existing services • Increased access/transport to activities |





| | Strategy | Lead Agency and Key Partners | Timeframe | Performance Indicators/ Desired Outcomes |
|-------|--|--|-----------|---|
| 3.4.2 | <p>Maintain local initiatives for addressing social isolation for at risk health groups, targeting the following priority areas: -</p> <ul style="list-style-type: none"> • home visits for high risk families with a new baby to increase self management and parenting skills • child health home visiting program • provision of “New Mothers Group” to help mothers deal with personal and family issues related to motherhood • “Sunshine Group” which is a social group for older persons with levels of physical disability that inhibits their integration with other groups • stroke support groups • Parkinson’s support groups • Palm Lodge socialisation group (aims to improve individual’s confidence in interactions among residents) • “Family and Friends with Cancer” support group • home based care for older and disabled people with continence problems • “Breathing Ezy” group supports people with chronic obstructive pulmonary disease • Quinn Street Day Respite Centre for sufferers of mental health disorders • provision of community assisted transport | <ul style="list-style-type: none"> • THSD Institute of Community Health and Ambulatory Care • Child Health • Community Health • Integrated Mental Health | Ongoing | <ul style="list-style-type: none"> • Increased user satisfaction by at risk groups |